



EMERSON SEMINARS

Workshops and Trainings

2008

BY WILLIAM R. EMERSON, PH.D.

Emerson Seminars provides experiential workshops and trainings in prenatal and perinatal psychology for professionals and non-professionals. All ES courses are safe, structured, and results-producing. Using revolutionary techniques developed by Dr. Emerson, those attending Emerson courses have the opportunity to identify, explore and heal wounds that negatively impact: relationships, health, spirituality, financial stability, and career success. All workshops are taught by Dr. Emerson unless otherwise indicated.

Emerson Seminars offers a Practitioner Training program which includes personal process work, instruction, and practical training in *Emerson Shock Resolution Techniques*. A Journey Program is offered for the non-professional who wishes to focus on prenatal and perinatal self-experience as a means to increased personal and spiritual growth.

WORKSHOPS AND TRAININGS

JAN 11 SEATTLE WA EVENING LECTURE 7:30PM

THE EFFECTS OF BIRTH ON RELATIONSHIPS

Bring your spouse, partner, friends and family to this informative and lively public lecture on the ways in which birth affects relationships in negative ways, until informed. Learn to discern if you or your babies and children have birth shock or trauma.

Pre-registraion Admission: \$20, Admission at the door \$25

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

JAN 12 SEATTLE WA 9:30AM - 5:30PM

THE EFFECTS OF BIRTH ON RELATIONSHIPS

In this one day seminar you will learn if you have birth trauma and how birth trauma affects your personal and professional relationships. Dr. Emerson gives participants direct feedback and advice on how to deal with the long term effects of inductions, augmentations (pitocin), anesthesia, analgesia, forceps, vacuum extraction, cesarean surgery, episiotomy, birth complications, and other birth-related issues. Take this opportunity to enhance the quality of your relationships by gaining understanding of this subtle but powerful life dynamic.

Pre-registraion Admission: \$155, Admission at the door \$215

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

JAN 13 SEATTLE WA 1:00PM - 5:00PM

EMERSON BIRTH GAMES - A CHILDREN'S WORKSHOP

Unique and fun birth games are used to evaluate and treat birth shock and trauma. Parents will learn practical ways to integrate Dr. Emerson's approaches into daily life. (10 minimum/16 maximum participants)

Pre-registraion Required: \$90

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

SCHEDULE KEY

Numbers in parentheses with a slash indicate the minimum and maximum class size. e.g: (10 minimum/24 maximum participants). Courses are cancelled or re-scheduled if the minimum number of participants is not met.

Courses with an asterisk (*) are required for Emerson Seminars certification, and are open to the public.

All courses are facilitated by Dr. Emerson and a co-leader, unless otherwise noted.

Tuition includes meals and lodging only when course is listed as a residential.

See back page for registration information or view online: www.emersonbirthrx.com

**FEB (EVE) 22-24 AUSTIN TX APPPAH REGIONAL WORKSHOP
TREATMENT OF PRENATAL AND PERINATAL SHOCK AND TRAUMA**

In this two day workshop, participants are shown several ways birth trauma can be evaluated by professionals and non-professionals. The workshop features the revolutionary and pioneering approaches of William Emerson for preventing and treating birth trauma, applicable to infants, children, and adults, and integrating the unique approaches of Carrie Conte's Early Parenting process.

Tuition: \$325 (Proceeds benefit APPPAH)

To register contact: Carrie Conte carrie@earlyparenting.com

**MAR 14-17 SEATTLE WA TWO YEAR CERTIFICATION PROGRAM
WORKING WITH BABIES AND CHILDREN MODULE 1**

Risk assessment, diagnosis, and treatment will be taught, as well as Emerson Birth Stages and related cranial dynamics. Babies, children and their families are incorporated into the learning process. See program description at right. (10 minimum/16 maximum participants)

Tuition: \$900

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

APRIL 4-6 SEATTLE WA

***THE RELATIONAL SHOCK CLEARING PROCESS: A TRAINING
OPEN TO THE PUBLIC**

Facilitator: Arrow De Groot

In this experiential training, participants learn to clear and heal shock using the RSCP, an exciting and powerful process developed by De Groot and Emerson. Participants clear relational shocks that occur in their own lives, and receive consultation and feedback on their use of the RSCP.

*Required course for ES Level I Certification

Tuition: \$450 (10 minimum/12 maximum participants)

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

**WORKING WITH
BABIES AND
CHILDREN
TWO YEAR
CERTIFICATION**

Whether you work with babies, children or adults, this certification program dramatically increases your skills in assessing and treating prenatal and perinatal wounding.

Modules I and II cover Emerson's copyrighted techniques for infants, children, and adults, and include cranial dynamics and approaches.

Seattle WA

Module 1, Mar 14-17

Module 2, Oct 17-20

**JUNE 2 (EVE) - 4 TUBAC AZ
POCKET SANCTUARY RESIDENTIAL
PERINATAL SHOCK TRAINING
ES TRAINEES ONLY**

These 2+ days involve training in the treatment of perinatal shock. Staff in training (SIT) do in depth perinatal process work as clients for demonstration sessions. Non-staff trainees gain valuable insights into their own perinatal wounding as well as learn advanced techniques not covered in workshops. All trainees participate in video reviews, instructional sessions, and session debriefs.

(10 minimum/12 maximum participants)

Level I & II credits.

Tuition: SIT \$865 (includes meals & lodging)

Trainees \$765 (includes meals & lodging)

**JUNE 5 (EVE) - 9 TUBAC AZ
POCKET SANCTUARY RESIDENTIAL
PERINATAL SHOCK TREATMENT
OPEN TO THE PUBLIC**

Participants explore their perinatal wounding and uncover unhealthy belief systems and behaviors that impact quality of life. Modalities include Emerson Egressions©, Emerson PPN Sand Tray©, Emerson Energy Field Exercises©, Emerson Spirit Pulsation©, art therapy, writing therapy, and meditation. Open to the public.

(10 min/12 max participants) Level I & II credits.

Tuition: \$1270 (includes meals & lodging)

**To register for these courses contact:
Jules Steffen: j.steffen@comcast.net 206-473-7178**

**RELATIONAL
SHOCK
CLEARING
PROCESS**

OPEN TO THE PUBLIC

In these experiential trainings, participants learn to clear and heal shock using the RSCP, an exciting and powerful process developed by DeGroot and Emerson. Participants clear relational shocks that occur in their own lives, and receive consultation and feedback on their use of the RSCP.

**April 4-6
Seattle WA**

**July 29-30
San Francisco
Bay Area CA**

MAY 23-25 NEW ORLEANS LA

THE TREATMENT OF PRENATAL AND PERINATAL SHOCK

Participants are guided in regressions to uncover their prenatal and perinatal shock body using techniques discovered and developed by Emerson.

Level I & II credits (10 minimum/24 maximum participants)

Tuition: \$385

To register contact: Patricia Dunbar journey@sstar.com 504-398-4787

JULY 29-30 SAN FRANCISCO BAY AREA CA

***THE RELATIONAL SHOCK CLEARING PROCESS: A TRAINING**

OPEN TO THE PUBLIC

Facilitator: Arrow De Groot

See course description at left. *Required course for ES Level I Certification

Tuition: \$450 (8 minimum/10 maximum participants)

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

**JULY 31 (EVE) - AUG 6 MILL VALLEY CA RALSTON WHITE RESIDENTIAL
HEALING THE WOUNDS OF SPIRIT AND SOUL**

In this residential, participants learn about the effects of unresolved shock on spirituality and the human condition. They regress and explore pre- and perinatal wounding and discover multiple impacts and healing approaches. Techniques and modalities pioneered by Dr. Emerson are used. (16 min participants/24 max)

Tuition: \$1905 (includes meals and lodging)

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

AUG 17-SEPT 18 EUROPE

SEPT 25-27 NELSON, BC, CANADA

APPPAH REGIONAL CONFERENCE: SCIENCE MEETS THE HEART

Dr. Emerson leads a one day workshop entitled "Resolving Infant Birth Trauma", documenting frequency of trauma and describing ways that doulas, parents, and midwives can prevent and treat infant birth trauma.

APPPAH and Success by Six are cosponsors of this conference.

To register contact: childrenfirst@thekoop.ca

OCT 17-20 SEATTLE WA TWO YEAR CERTIFICATION PROGRAM

WORKING WITH BABIES AND CHILDREN MODULE II

In Module II, diagnostic and treatment methods will be explored in more depth, using Emerson Birth Stages I & II dynamics, as well as intuitive and biodynamic approaches. Babies, children, and families are incorporated into the learning process. See program description page 2 sidebar.

Tuition: \$900

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

OCT 31-NOV 2 NEW ORLEANS LA

THE TREATMENT OF PRENATAL AND PERINATAL SHOCK

Participants are guided in regressions to uncover their prenatal and perinatal shock body using techniques discovered and developed by Emerson. ES Level I & II credits. (10 minimum/24 maximum participants)

Tuition: \$385

To register contact: Patricia Dunbar journey@sstar.com 504-398-4787

**DEC 1 (EVE) -3 TUBAC AZ POCKET SANCTUARY RESIDENTIAL
EMBODIMENT SHOCK TRAINING - ES TRAINEES ONLY**

Embodiment shock is a nearly universal wound. These 2+ days provide training in the treatment of embodiment shock. Staff in training (SIT) do in depth embodiment shock process work as clients for demonstration sessions. Non-staff trainees gain valuable insights into their own embodiment wounding as well as learn advanced techniques not covered in workshops. All trainees participate in video reviews, instructional sessions, and session debriefs. (10 minimum/12 maximum participants)

Tuition: SIT: \$865 (includes meals & lodging)

Trainees: \$765 (includes meals & lodging)

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

**DEC 4 (EVE) -9 TUBAC AZ POCKET SANCTUARY RESIDENTIAL
EMBODIMENT SHOCK TREATMENT - OPEN TO PUBLIC**

Embodiment shock is a nearly universal wound, and has lifelong impacts on body, mind, spirit, and soul. Participants regress and egress to embodiment and related stages, and have opportunities to integrate powerful life changes. Emerson PPN Egressions©, Spirit Pulsations©, Energetic Field Exercises©, and PPN Sand Tray Therapy© will support and enable healing. (16 minimum/24 maximum participants)

Tuition: \$1550 (includes meals & lodging)

To register contact Jules Steffen: j.steffen@comcast.net 206-473-7178

How to Register

To register, check www.emersonbirthrx.com for information and forms. For additional information contact the appropriate Emerson Seminars coordinator. Visit www.emersonbirthrx.com for complete course descriptions. Dates, locations, and tuitions are subject to last minute changes (very rarely necessary). Cancellation Policy: for cancellations more than 30 days prior to event, deposits are fully refunded less a \$75 processing fee; within 30 days of event deposits are non-refundable except for emergencies.

EMERSON SEMINARS ENROLLMENT COORDINATORS:

Arizona, New York, Washington - Jules Steffen: j.steffen@comcast.net	206 473 7178
California - Zahira Rabinowitz: emersontraining@comcast.net	707 763 7024
Louisiana - Patricia Dunbar: journey@sstar.com	504 398 4787
Europe - Dr. Barbara Schmid: barblaschmid@bluewin.ch	011 41 7952 386 3146
Mexico - Dr. Elia Barnetche de Macqueo: eliabarnetche@ixp.net	011 52 555 413 6324

Emerson Seminars
4940 Bodega Avenue
Petaluma, CA 94952

Address Correction Requested

To:

Inside: 2008 Emerson Seminars Schedule of Workshops and Trainings

www.emersonbirthrx.com